

TWENTY THIRD ANNUAL DAVID HANCOCK TRIATHLON

OFFICIAL ENTRY FORM

NAME

ADDRESS

CITY, STATE, ZIP

PHONE (DAYS)

(EVES)

E-MAIL

SHIRT SIZE

S

M

L

XL

MALE

FEMALE

WHO TOLD YOU ABOUT THIS EVENT?

TEAMS: LIST ALL PARTICIPANTS

SWIM

BIKE

RUN

ENTRY INSTRUCTIONS:

Entry fee is \$40 per person. Signed waiver required from all participants.
Make checks payable to **David Hancock** or **Scott Crawford**, and return to:

David Hancock Triathlon c/o David Hancock
258 Roycroft Ave, Long Beach, CA 90803

Event will start promptly at 6:45 am. Please arrive by 6:00 am to register and prepare for the event. Although well marked, most turns are not marshalled. Please take time to familiarize yourself with the course in advance. Two- and three-person and coed teams welcome.

For Info: David Hancock (562) 221-5946 or Scott Crawford (650) 326-4337.
dht2009@davidhancocktriathlon.com

SUNDAY AUGUST 2, 2009